2026北京朝阳国际灯光季攻略之
演艺篇

Love in Light and Shadow

光影之恋

来朝阳公园赴一场浪漫之约

Come to Chaoyang Park for a Romantic Date

展演时间：9月24日-27日，10月1日-7日，10月11日 每晚1-2场，详细排期可查阅“朝阳文旅潮生活”小程序

表演团队：中国东方演艺集团

观赏时间：约1小时40分钟

观赏入口：朝阳公园东五门

Performance Schedule: September 24 - 27, October 1 - 7, and October 11; 1 - 2 shows per night. For the detailed schedule, please visit the “Chaoyang Culture & Tourism Trendy Life” mini-program.

Performing Team: China Oriental Performing Arts Group

Duration: Approximately 1 hour and 40 minutes

Viewing Access: Chaoyang Park East Gate 5

如果夜色可以写诗，它会是什么模样？

本届灯光消费季核心力作、北京首个行进式光影夜游项目——行进式光影夜游《光影之恋》，以“奔赴一场不期而遇的浪漫”为情感线索，将七大主题剧场散落于朝阳公园光影场景中，打造“一河七境、水陆共游”的光影夜游产品。

没有固定舞台，一湖一水、一草一木皆是舞台。边走边看，沉浸式入戏——你，就是这场城市光影故事中独一无二的主角。

If the night could write poetry, what would it look like?

As a major highlight of this year's Light Consumption Season and Beijing's first progressive light-and-shadow night tour, the progressive light-and-shadow night tour Love in Light and Shadow takes "embarking on a serendipitous romance" as its emotional thread, scattering seven themed theaters across the light- and- shadow scenes of Chaoyang Park to create a light-and-shadow night tour product featuring "one river, seven realms, and a joint water-land journey."

No fixed stages are set here. Every lake and stream, every blade of grass and every tree serves as a natural stage. The entire journey links seven light- and- shadow themed theaters, progressing along the waterfront of Chaoyang Park and Liangma River. Watch as you walk and immerse yourself in the drama—you are the one and only protagonist in this urban light-and-shadow story.

AMAZING CHAOYANG

1 ▸ 序章 Prologue

舞剧《永乐未央》之《藻井》舞段

Caisson Ceiling — Excerpt from the Dance Drama Eternal Prosperity

展演地点：穹庐剧场（规划艺术馆东广场）

内容特色：舞者化身建筑构件，手臂交错、身姿回旋，复刻斗拱咬合、穹顶辐射的精巧结构。光影流转间，团龙纹样随舞姿浮现游走。漫天穹顶光影拉开序幕，充分铺垫男女主人公初遇的诗意底色。



Venue: Dome Theater (East Plaza of the Planning Art Museum)

Highlights: Dancers transform into architectural components, their interlocking arms and swirling postures replicating the intricate structure of mortise-and-tenon joints and radiating domes. As light and shadow flow, coiled dragon patterns emerge and glide with the dancers´ movements. A sky-full dome of light and shadow opens the prologue, fully establishing the poetic undertone for the protagonists´ first encounter.

2 ▸ 心动 Heart Stirrings

双人现代舞《遇见》

Encounter — Duet Modern Dance

展演地点：遇见剧场（规划艺术馆南侧LOVE花园）

内容特色：舞者以灵动自由的现代舞肢体，细腻演绎陌生人从擦肩、留意到靠近、心动的微妙情绪。没有台词，每一次靠近与错身、呼应与留白，都是最动人的表达。茫茫人海，相逢即缘，一段浪漫旅程就此开启。



Venue: Encounter Theater (LOVE Garden on the South Side of the Planning Art Museum)

Highlights: With fluid, unrestrained contemporary dance movements, the dancers delicately portray the subtle emotions of strangers—from passing by and taking notice to drawing near and feeling a flutter of the heart. Without dialogue, every approach and parting, every response and pause, becomes the most moving expression. In the vast sea of people, meeting is destiny, and a romantic journey begins.

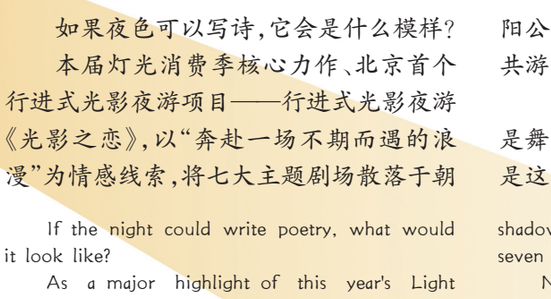
3 ▸ 升温 Kindling

西班牙舞蹈《欧嘞！弗拉门戈》

¡Olé! Flamenco — Spanish Dance

展演地点：绽放剧场（碧沙桥东侧红砖墙）

内容特色：弗拉门戈舞者身着绚丽舞裙，踏点铿锵、肢体舒展，如暗夜燃烧的火焰，将奔放热烈、自由洒脱展现得淋漓尽致。背景红墙光影层层生长晕染，与舞姿深度交融，勾勒热烈浪漫氛围。平淡的生活因相逢泛起波澜。



Venue: Blossom Theater (Red Brick Wall on the East Side of Bisha Bridge)

Highlights: Flamenco dancers in gorgeous skirts stamp out resounding rhythms and extend their limbs with abandon, like flames burning in the dark night, fully displaying bold passion and free-spirited ease. The light and shadow on the red wall behind them grow and diffuse layer by layer, deeply blending with the dance movements to create an ardent and romantic atmosphere. Ordinary life ripples with emotion because of a encounter.

4 ▸ 相知 Mutual Understanding

荷畔国风夜·湖上国乐雅集

Night of Chinese Music by the Lotus Lake — Chinese Music Gathering on the Lake

展演地点：追光剧场（荷花湖水域）

内容特色：夜幕降临，古筝、琵琶、竹笛、中阮、马头琴悠扬起伏，荷花湖水上舞台呈现《荷畔国风夜·湖上国乐雅集》。湖面上，光影作品《风入荷》以水为幕、以光为笔，取荷花意象与中式留白，勾勒清雅东方意境。男女主人公纵使追梦路途各异，却心性契合、心意相通，让初见的心动沉淀为相知与懂得。



Venue: Light-Chasing Theater (Lotus Lake Waters)

Highlights: As night falls, the melodic sounds of guzheng, pipa, bamboo flute, zhongruan, and morin khuur rise and fall, presenting the Night of Chinese Music by the Lotus Pond · Chinese Music Gathering on the Lake on the water stage of Lotus Lake. On the lake surface, the light-and-shadow work Wind Enters the Lotus uses water as its screen and light as its brush, drawing on lotus imagery and Chinese-style blank space to outline an elegant Eastern artistic conception. Though the male and female protagonists pursue different dreams, their temperaments align and their hearts connect, allowing the initial flutter of love to settle into mutual understanding and appreciation.

5 ▸ 牵绊 Entwined

对唱《我在梦里见过你》

I've Seen You in My Dreams — Duet

展演地点：心语剧场（中心岛彩虹蹦蹦云）

内容特色：选自中国东方演艺集团原创精品音乐剧《飞天》。温柔歌声缓缓响起，男女歌手以澄澈细腻的唱腔，隔空倾诉心底的浪漫期许与深情牵绊。一唱一和的情愫，道尽人与人之间格外奇妙的缘分。



Venue: Heartfelt Words Theater (Rainbow Bouncing Cloud of the Central Island)

Highlights: Excerpted from Flying Apsaras, a premium production by China Oriental Performing Arts Group. As the gentle melody slowly rises, the male and female singers, with clear and tender vocals, pour out their romantic hopes and deep emotional bonds across the distance. The alternating singing and responding emotions fully express the extraordinarily wondrous destiny between people.

6 ▸ 笃定 Resolution

舞蹈《水墨天书》

Ink Heaven Scroll — Dance

展演地点：魔方剧场（北湖魔方水上舞台）

内容特色：水面巨型魔方舞台流光变幻，舞者以《水墨天书》演绎二人情感的转折。光影如宣纸，身姿如笔锋，一收一放间，褪去懵懂与含蓄，心意变得清晰而笃定。从人海初见的惊艳，到一路相伴的相知，两颗陌生的心慢慢靠拢、彼此笃定。



Venue: Cube Theater (North Lake Cube Water Stage)

Highlights: The giant cube stage on the water shimmers with changing light, and the dancers perform Ink Heaven Scroll to portray the turning point in the couple´s emotions. Light and shadow become rice paper, and their postures become brushstrokes. In every contraction and release, innocence and reserve fade away, and their feelings become clear and resolute. From the stunning first encounter in the crowd to the mutual understanding cultivated along the way, two unfamiliar hearts slowly draw closer and become certain of each other.

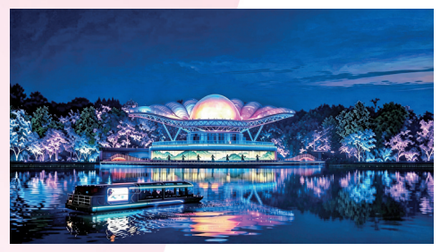
7 ▸ 终章 Finale · Enduring Tenderness

舞蹈《心·有余响》

Lingering Echoes in the Heart — Dance

展演地点：贝壳剧场

内容特色：舞蹈以天地自然为灵感，舞者身姿轻盈，如羽絮漫扬、苇草轻摇，将无拘自在与朦胧浪漫尽数呈现，尽显纯粹、灵动的生命之美。整场浪漫故事缓缓落幕，只留温柔缱绻，余韵悠长。



Venue: Shell Theater

Highlights: Inspired by heaven, earth, and nature, the dance features dancers with light and graceful postures, like drifting feathers and gently swaying reeds, fully presenting unrestrained ease and hazy romance, and revealing the pure, nimble beauty of life. The entire romantic story slowly draws to a close, leaving only tenderness and lingering afterglow.

温馨提示：

1、以上展演时间及场次可能根据天气、现场情况调整，请以当日现场公告为准。

2、建议提前到场，合理规划游览线路；夜游时间较长，请穿着舒适鞋履。

3、更多详情及最新动态，请关注朝阳文旅潮生活官方公众号及小程序。

Warm Reminders:

1. The above performance times and sessions may be adjusted according to weather and on-site conditions. Please refer to the on-site announcement of the day.

2. It is recommended to arrive early and plan your tour route reasonably; as the night tour lasts a relatively long time, please wear comfortable shoes.

3. For more details and the latest updates, please follow the official WeChat public account and mini-program of Chaoyang Culture & Tourism Trendy Life.